

**University of California  
Weekend Workshops  
at the  
California Institution for Women**

---

**SCHEDULE 1973-74**



Sponsored by  
SANTA CRUZ WOMEN'S PRISON PROJECT  
and the  
HISTORY OF CONSCIOUSNESS PROGRAM  
through the  
University of California Extension at Santa Cruz



To our Friends at C.I.W.,

Thanks to the combined energy and vision of the Santa Cruz project people and the C.I.W. workshop participants, the 1972-73 college program proved successful beyond our expectations. Thus, members of the Santa Cruz community are again sponsoring a series of University-credit workshops for residents of the California Institution for Women. ANY C.I.W. RESIDENT IS ELIGIBLE TO ENROLL. IT IS NOT NECESSARY TO HAVE A HIGH SCHOOL DIPLOMA OR PRIOR COLLEGE EXPERIENCE.

In the following pages are descriptions of the eight courses\* which have been scheduled for 1973-74. Each course includes a minimum of twelve workshops. If you wish to receive academic credit for a course, it is necessary for you to attend all of the workshops scheduled for that course. You may enroll in several courses for credit as long as they do not meet at conflicting times. The project coordinators will be available to assist you in planning your course schedule.

Even if you are not enrolled in a course for academic credit, YOU AND EVERY RESIDENT OF C.I.W. WILL BE WELCOME TO ATTEND ANY WORKSHOP AT ANY TIME.

All of the workshops are conducted during weekends in the classrooms behind the main school building. Every woman who is enrolled in a course will receive an advance notice, through the mail, of the specific dates and hours of each workshop. There will also be advance publicity posters in the cottages, dining hall and in the C.I.W. Daily Bulletin.

To enroll in a course, simply come to a workshop and speak with the instructor. Requirements for each course will be announced in class meetings. The books for required readings will be provided to each student enrolled in the course.

\*All courses have been submitted to appropriate Boards of Studies at the University of California at Santa Cruz for approval. Academic credit to be awarded for each course is pending that approval.

If you have questions about the program, please feel free to write to one of the project coordinators:

Jeanne Gallick	Catherine Angell	Karlene Faith
1022 East 28th St.	Student Apt. B-3	Student Apt. A-18
Oakland, CA 94610	UCSC	UCSC
Tel. (415) 536-0466	Santa Cruz, CA 95064	Santa Cruz, CA 95064
	(408) 423-3680	(408) 426-2291

We look forward to another exciting year learning and working together with all of you at C.I.W.

Sincerely,

Jeanne, Catherine and Karlene

---

## WOMEN AND THE LAW

Course Instructor: Wyanne Bunyan, Assistant Dean and Professor of Law, Hastings College of the Law.

Assisting Instructors: Mary Brutocao, Ellen Chaitin, Chris Epifania, Ann Grogan, Linda Jacobson, Courtney Kahr, Judy Meyer, Abigail Ginsberg, Mary Raley, Margot Wenger, Cathleen Williams, Carol Murray.

This course will focus on criminal and civil law as it directly affects the lives of women prisoners. The purposes of the course include teaching prisoners to apply legal research skills and knowledge in preparing legal papers and imparting a realistic sense of the scope of legal remedies and their limitations.

The course is being developed and coordinated by the Women's Education Center, Inc. and the Hastings Women's Union, in cooperation with the Santa Cruz Women's Prison Project.

All the participating instructors for the course will be present during the first workshop weekend (October 27-28) to introduce themselves and to discuss particular topics and issues of interest to students which can be covered in future workshops. An education staff will be available at each workshop to answer individual questions concerning women and the law.

Following is a list of the workshops scheduled for this course:

October 27-28: *Introduction to Criminal Procedure: Charging to Conviction.*



This workshop will involve a survey of the criminal process from arrest through trial, including search and seizure, police interrogation and confession, line up and other pretrial identification procedures, right to counsel, arraignment, and jury selection. Students will be invited to participate in a mock arrest and trial.

November 24-25: *Sentencing, Probation and Parole: Conditions, Rights and Responsibilities.*

This workshop will focus on the rights of prisoners during the sentencing process, including assistance of counsel, probation reports, and sentencing practices. In addition, we will discuss parole and probation revocation hearings with special attention to the scope of the recent United States Supreme Court rulings in *Morrissey v. Brewer* and *Gagnon v. Scarpelli*, and recent California decisions. Procedures involved in indeterminate sentencing and preparation of diagnostic studies will be evaluated by constitutional standards.

December 28-29: *Legal Rights and Disabilities of the Prisoner.*

This workshop will explore the developing field of prisoners' rights. From the time in which prisoners were considered slaves of the state to the present day of civil death statutes, these rights have been severely limited. Basic constitutional guarantees of freedom of religion and expression, access to the courts, and certain due process protections have only been affirmed by the courts in the last decade. The class will discuss selected cases and explore how these important issues came to be brought before the courts - often through legal actions of prisoners themselves - and will also attempt to map out areas in which prisoners' rights may come to be established in the coming decade. In addition, specific disabilities of the former prisoners will be outlined.

January 26-27: *Post-Conviction Remedies: Appeals Versus Habeas.*

Every woman has the right to appeal her conviction. To make full use of this right, she should know how the appeals process works. This workshop will provide information on the steps by which you can appeal, the ways to start the process, and your right to obtain the assistance of a lawyer. The second half of the workshop will

explore practical problems of writ writing and summarize substantive state and federal law. Habeas corpus will be compared with other collateral attack remedies.

February 23-24: *Legal Aspects of Health Care for Women.*

This workshop is designed to deal with the legal aspects of women's physical and mental health care. We will discuss women's daily health needs as well as abortions, sterilizations and psychological therapy. We will be concerned with women's rights to determine what can be done to them medically. The workshop will explore how and where proper and sympathetic health care can be obtained.

March 30-31: *Women, Their Families, and the Law.*

This workshop will study the legal effects of marriage, divorce, and separation with emphasis on custody awards, property rights and children's rights. Foster care procedures and rights of the parent will be discussed. Rights of the single mother, putative father, and paternity determination procedures will be outlined. The intervention of the court, probation officer or social worker in family life will be analyzed, especially with reference to alternative marriage structures, bi-sexuality and homosexuality, and the changing nuclear family. Rights of prison mothers will be covered.

April 27-28: *Protection of Legal Rights in the Outside World. Part I.*

Most of us feel that we have been cheated at one time or another, or deprived of things to which we are entitled. This workshop will deal with miscellaneous areas about which such questions most often arise: landlord-tenant law, consumer rights, employment discrimination, welfare rights and other areas of special interest to the students. Suggestions of other topics to be covered will be requested during the earlier workshops.

May 26-27: *Protection of Legal Rights in the Outside World. Part II.*

Continuation of Part I.



## ETHNIC STUDIES

Instructor: Bill Moore, Ph.D. Candidate, UC Santa Cruz.  
Assisting Instructors: Bill Barlow, Robbie Freeman,  
Ruth MacKay, Katia Panas, Alan Sable, Bill Shel-  
ton, Myra Williams.

This course examines the enduring and changing status of ethnic and other visible minority groups in the United States and internationally. We will be especially concerned with the histories and cultures of Black, Asian, Chicana and Native American peoples. The course is intended to develop skills in multi-ethnic dialogue and to facilitate interaction and understanding among the members of diverse ethnic groups who will be enrolled in the course. **EVERYONE, REGARDLESS OF ETHNIC ORIGIN, IS ENCOURAGED TO PARTICIPATE IN THIS COURSE.** Students who are enrolled in the course for credit will be required to read a selection of books and to submit written reports on the readings and discussion topics.

Topics to be covered in the course include the following:

- Introduction to the study of ethnic groups.

- Survey of the role of Third World women in American society.

- Report on China and the relationship of Asia to the international Third World community, particularly American peoples of Asian heritage. This workshop will include a slide presentation by people recently returned from China.

- Survey of the music of minority peoples in the United States with discussion of the historical and cultural roots of the musical developments. We will use sound and visual arts for this presentation.

- An examination of the history and cultural traditions of Native American peoples.

- An exploration of the history and contemporary experience of Chicana women in American society.

- A study of the Black Community. This workshop will acquaint the student with a broad perspective and analysis of the history and culture of Afro-Americans.

This course will meet on the first weekend of each month, October '73 through June '74.

## RADICAL PSYCHOLOGY

Instructor: Theo Alter, Radical Therapist, Santa Cruz.  
Assisting Instructors: Dr. Lillian Moed, UC Riverside,  
Karen Rotkin and Catherine Angell, UC Santa Cruz.

This course will be concerned with anger, intimacy, fear, anxiety and depression.

The course will consist of a critical examination of the assumptions and practices of traditional psychology. We will analyze and criticize the major schools of psychoanalysis and psychotherapy, e.g., Sigmund Freud, Carl Jung, Transactional Analysis, Gestalt, and Reality Therapy.

Radical Psychology, unlike other therapeutic systems, is concerned with the whole person within her social-economic-political context. As a theory it evaluates the family, institutions and interpersonal relationships as they affect the person. In this course we will do depth reading and discussion of the theory and purposes of Radical Therapy. Important questions which we will discuss include:

- What is this society's concept of mental health and mental illness?

- How does Radical Therapy differ from other therapies?

- Is this society healthy enough for people?

- How does Radical Therapy view people and their problems?

- What is the goal of Radical Therapy?

- What are the causes and solutions for alienation and power relationships?

Each participant in the course will endeavor to understand her thinking, feeling and intuitive processes within a social context. Through an analysis of mental "health" as it is defined in this society, we will make the connection between personal and political problems. Finally, we will be concerned with the question of how we can implement what we learn individually and as a group.

This course will meet on the first weekend of each month, October '73 through June '74.



## **POLITICS: U.S. INSTITUTIONS AND POLITICAL CONSCIOUSNESS**

Instructor: Michael Rotkin, Lecturer, UC Santa Cruz.

Assisting Instructors: Bro Adams, Arnie Fischman, Prof. John Isbister, Barry Katz, Prof. Nancy Shaw, and other members of the University of California community.

This course will undertake an analysis of U.S. institutions in the context of the American economic, social and political structure. We will study various institutions in terms of their function in maintaining and supporting the existing political structure in the United States. We will focus on the key role that particular institutions play in the formation of American political consciousness.

The course will open with an analysis of capitalism, the underlying institution of the American political structure. The first series of lectures, discussions and readings will cover a brief overview of capitalism in historical perspective, basic sub-institutions of capitalism, the evolution of monopoly capitalism, and the economic dynamic of monopolization and economic stagnation in the 20th century.

Later classes will include closer study of the increased role of the state in the 20th century, particularly the actual process by which social policy is formulated and implemented. Finally, we will turn to particular U.S. institutions: schools, the family, prisons, welfare, tax structure and income distribution.

Reading will be required (books are provided) and each student will be expected to write a final paper on some aspect of an American institution.

This course will meet on the first weekend of each month, October '73 through June '74.

---

## **THE CREATIVE ARTS**

Course Coordinator: Catherine Angell, University of California.

Artists and Assistants: Rebecca Adams, Robin Baker, Bill Barlow, Vikki Blevens, Linda Carpenter, Morticia Dunn, Terry Dusoleil, Tony Eschbach, Barbara Franklin, Cathy Gates, Michael Goldberg, Reka Gorman, Barbara Gregory, Eileen Griffin, Arlene

Handler, Joan Hertzberg, Jan Hughes, *Infinite Sound* (Rofand Young and Glenn Howell), Lorraine Kahn, Diane Lindsey, David Martinez, Debbie Miller, Pat Smith, Scott Soares, George Stavis, Cindy Talbot, Brenda Warren, Cris Williamson, Nancy Winter, Cathy Zheutlin, plus friends.

This course will be a study of the history of the respective creative arts - music, dance, drama, art, photography, film and puppetry. Guest performers from each of the arts will present examples of their art form, either through performance or display. Following each presentation, the guest speaker will discuss the art form and its history. Examples of the presentations to be given are:

Afro-American Dance  
Improvisational Theatre  
Women's Film Festival  
Rock and Roll Bands  
Oil Painting  
Mime  
Songwriting and Folk Music  
Santa Cruz Home-Grown Puppets  
Body Massage as an Art Form

Students who wish to actively study a particular art form may request the assistance of a tutor.

EVERY WOMAN AT C.I.W. IS INVITED TO ATTEND THE PERFORMANCES, even if she is not attending the regular workshop sessions. This is a good time for everyone to get acquainted with each other and with the program. We will usually serve refreshments. These performance-parties are designed to bring us all together in an atmosphere of friendship and learning, so we encourage you to come and bring your friends.

We expect many people to attend these party events. If you wish to receive academic credit, however, you will have to do some work. Each student will be required to submit either a short written report on each presentation or a comprehensive project related to an art form. These projects may be written essays or they may be in the form of the artistic genre--e.g., a painting, a sculpture or ceramics piece, a series of photographs, a musical or dramatic presentation, etc.

The Creative Arts presentations will generally be held on the first and third Sunday evenings of each month, October '73 through June '74. We will meet either in



the auditorium or in the back school building. Watch for announcements.

---

### ON BEING A WOMAN

Instructor: Jeanne Gallick, Ph.D. Candidate, University of California.

Assisting Instructors: Mary K. Blackmon, Arlene Eisen Bergman, Fran Berstein, Diana Block, Kate Bowland, Nancy Chestnut, Kim Clouse, Candace Falk, Georgia Griffin, Eleanor Kaplan, Karen Shain, Ina Young, Barbara Zheutlin, and friends from the Berkeley-Oakland Women's Union.

In this course we will discuss and analyze the cultural, economic and political dimensions of being a woman.

Topics to be covered in the course include the following:

*Sappho and the Lesbian Today.* Sappho lived in ancient Greece. Her poetry will be discussed to understand how female homosexuality was used as a mainstay of an ancient society. We will also consider how the socio-economic changes through history have affected the sexual patterns of our society. The problems of contemporary gay women will be analyzed in this historical perspective.

*Women and Economics.* This workshop will focus on themes related to women, money and power in American society. We will consider the issues of equal employment opportunity, problems faced by women in the labor market, problems of the welfare system, and the creation and perpetuation of false needs in a consumer society.

*Women and the War in South East Asia.* Once marriage in Vietnam meant slavery. The bride was sold to the highest bidder. Traditions like these and the daily life of women have changed drastically as a result of the war. We'll talk about changing customs, the effect of American troops there, problems of prostitutes and rape and women in prisons. We'll also talk about the tradition of women's endurance, heroines and how women have become stronger and more independent. There will be slides, music and poetry.

*Feminism as Political Ideology.* This topic will be covered through a series of workshops which will be

concerned with contemporary issues in the women's movement, such as: abortion, women and their bodies (health, sexuality, childbirth, aesthetics), child care, women as organizers for human rights, Third World women and their relationship to the women's movement, the power of women to determine their own lives, the depiction of women through literature and the media, and finally a class analysis of the women's movement.

This course **will** meet on the third weekend of each month, October '73 through June '74.

---

### DRUGS: DRUG USE IN OUR CULTURE

Instructor: Josette Mondanara, M.D., Director of Pregnant Addicts Program, Center for Special Problems.

Assisting Instructors: Pat Norman, Margot St. James.

This course will acquaint students with the political, social and pharmacological aspects of drug use. We will discuss the relative merit of treatment programs which now exist and we will explore alternative treatment and prevention programs. All women, regardless of their prior experience with drugs, are encouraged to enroll in this course. The course may have particular interest for women interested in learning drug-counseling skills.

The following workshops will be included in this course:

- October 20-21:
- I. *Getting High and getting down.*  
Where do we go when we get high?  
Where are we coming from?  
Does it work?  
When is it good? When is it bad?
  - II. *Politics of drug use.*  
Who are the big pushers?  
Who benefits from our addiction?  
"The first fix is always free."  
What's the *real cost* of addiction?
  - III. *Heroin and Methadone.*  
How they work, what they do.  
How do they affect babies born to addicted mothers?



- November 17-18:
- I. *Downers: Alcohol, barbiturates, sedatives and tranquilizers.*  
60% of all prescriptions within this country are for mood altering drugs.  
How they work.  
Treating overdoses.  
What do they do to our bodies?
  - II. *Uppers.*  
Amphetamines.  
Hallucinatory drugs - marijuana, mescaline, psilocybin, LSD.
  - III. *Prostitution and Drugs.*  
Is addiction an occupational hazard of prostitutes?
- December 15-16:
- I. *Oppression and drug use.*  
How is drug use related to our backgrounds? - our skin coloring, our sex, our money or lack of money, our power or lack of power.
  - II. *Analysis of existing treatment Programs.*  
Do they work?  
Detoxification, methadone maintenance, and therapeutic communities.
  - III. *Drugs and the Law.*  
How are laws changing around drug use?  
Who goes to prison, and for what?

January 19-20:

All three sessions will deal with enhancing our self-esteem. Learning how to deal with our feelings, our hassles, and other people, without hurting ourselves. If being addicted means being *dependent*, how can we learn to be more *independent*?

If being addicted means being weak, how can we start using our strengths?

This course will be repeated beginning February 1974.

## CREATIVE WRITING AND LITERATURE

Tutors and Workshop Instructors: Jay Cantor, Ellen Fischman, Jeannette Stavis, Elaine Zimmerman, and other members of the Santa Cruz community.

This course will have two distinct purposes. The first is to encourage women to use their knowledge, skill and imagination to write interesting pieces about their real or imaginary lives. Tutors will guide each student who desires to develop her writing skills. Anyone interested in writing articles, poetry, short stories, plays or autobiographies is encouraged to enroll in the course. Students will be expected to spend considerable time outside class working independently on their writing. These writings will be discussed, evaluated and shared with the tutor and the other writing students. Tutors will offer critical and supportive feedback on these writings. It is hoped that a collection of the writings submitted to this class can be included in a published anthology of writings from women in prison.

The second purpose of the course is to introduce students to literary analysis and criticism. Through the year we will conduct a variety of literature workshops. The following are two examples of these:

*Interpretation of Modern Fiction.* The class will examine the experience of living in America as portrayed by writers of different ethnic, sex, and cultural background. We will try to determine how psychology, sub-culture, and the dominant American value system interact and conflict with each other while forming a "whole" in a story or novel. Three writers will be selected and the books will be sent to C.I.W. a few weeks before the workshop weekend.

*Primal Myths.* Myths are those starry-eyed stories of the gods and goddesses with which all primitive peoples have always described their primal and essential experiences. These stories pre-exist literature and,



in truth, literature is born out of them. In this workshop we will explore some of these primal or archetypal mythic patterns: metamorphosis, matriarchal and patriarchal cycles, initiation, rebirth and death. Dreams are often a rich source of mythic materials. We request that participants in this workshop make a written collection of dreams for two weeks prior to the workshop.

The exact schedule for this course will be worked out according to the requests that we receive for writing tutors. Workshops will be scheduled at various times during the year, in creative writing as well as in literature. Watch for announcements.



